

DAY	POST SURGERY MOUSSE SHAMPOO <i>(When finished, reuse your daily shampoo)</i>	HAIR SPRAY TREATMENT	POST SURGERY SERUM <i>(Apply only a thin layer)</i>	POST SURGERY OIL	IBUPROFEN 600mg <i>(Only in case of pain)</i>	OMEPRAZOLE 20mg / DICLOFENAC 100mg (FUE)	ANTIBIOTICUM AZITHROMYCINE 250 / 500mg	BANDANA OR CAP ALLOWED
	Recipient + donor area	Recipient area	Recipient area	Donor area				
0	By the medical staff				Every 4 hours			
1	By the medical staff	3 x / day			Every 4 hours	Evening	Morning	Bandana
2	No hair wash required	3 x / day			Every 4 hours	Evening	Morning	Bandana
3	Mousse shampoo (dabbing gently)	3 x / day			Every 4 hours	Evening	Morning	Bandana
4	No hair wash required	3 x / day			Every 4 hours	Evening		Bandana
5	Mousse shampoo (dabbing gently)	3 x / day	1 x / day	1 x / day	Every 4 hours	Evening		Bandana
6	No hair wash required	3 x / day	1 x / day	1 x / day	Every 4 hours	Evening		Bandana
7	Mousse shampoo (dabbing gently)		1 x / day	1 x / day		Evening		Bandana or cap
8	No hair wash required		1 x / day	1 x / day				Bandana or cap
9	Mousse shampoo (dabbing gently)		1 x / day	1 x / day				Bandana or cap
10	Mousse shampoo (rub gently)		1 x / day	1 x / day				Bandana or cap
11	Mousse shampoo (rub gently)		1 x / day	1 x / day				Bandana or cap
12	Mousse shampoo (rub gently)		1 x / day	1 x / day				Bandana or cap
13	Mousse shampoo (rub gently)		1 x / day	1 x / day				Bandana or cap



POST SURGERY MOUSSE SHAMPOO

(When finished, reuse your daily shampoo)

Recipient + donor area

INGREDIENTS: Aqua, Sodium Lactate, Sodium Cocoyl Alaninate, Caprylyl Glycol, Glyceryl Caprylate, Arginine, Panthenol, Arnica Montana Flower Extract, Ethylhexylglycerin, Copper Tripeptide-1, Sh-oligopeptide-1, Sh-polypeptide-9, Hydrogenated Lecithin, Sodium Oleate, Glycine Soja Oil, Glycerin, Phenoxyethanol, Alcohol, Disodium Edta.

DESCRIPTION: This shampoo is formulated to be applied in practical mousse designed specifically for patients who have just undergone surgery to the scalp. It is a natural origin surfactant amino acid derivative, extremely mild, that respects the skin. This mousse contains sodium lactate for a moisturizing and sebum normalizing action, Growth Factors (Egf, Vegf and Copper Tripeptide) for a trophic and anti-oxidant action. The extract of Arnica has a lenitive action, Panthenol for normalizing the skin and restorative. The presence of Arginine as a pure amino acid gives nourishment and structure to the stressed area. You can start to use the product as soon as the wound begins to heal. The effect lasts up to 2 days. It can be used until the healing phase has completed and the bulb come back to life.

HAIR SPRAY TREATMENT

Recipient area

INGREDIENTS: Aqua, Hyaluronic Acid, Copper Tripeptide-1, Sh-polypeptide-9, Sh-polypeptide-11, Sh-polypeptide-1, Sh-oligopeptide-2, Sh-oligopeptide-1, Sh-polypeptide-3, Glycerin, Sodium Oleate, Hydrogenated Lecithin, Glycine Soja Oil, Disodium Edta, Phenoxyethanol, Imidazolidinyl Urea, Butylene Glycol, Silanetriol, Citric Acid, Sorbic Acid.

DESCRIPTION: This particular mix of Jaluronic Acid and Growth Factors stimulates the bulb hair, his metabolism and the vascularization of the scalp. The Growth Factor VEGF actively stimulates the growth of the hair? The Growth Factor EGF plays an important anti-aging role; the Growth Factor aFGF is able to actively stimulate the synthesis of collagen and elastin, improving skin elasticity and tone of the tissues. The Growth Factor bFGF improves the circulation of the skin at the level of the hair follicles with a consequent activity on the reinforcement and the growth of the hair. IGF1 stimulates the metabolism of the hair follicle with a reinforcing action on the hair. The delivery of the CG-copper Peptide at the base of the follicle, stimulates the metabolic activity and revitalizes hair follicles. You can start to use the product as soon as the wound began to heal. The product is an antioxidant and speeds up healing.

POST SURGERY SERUM

(Apply only a thin layer)

Recipient area

INGREDIENTS: Aqua, Hydrogenated Poluisobutene, Caprylic/capric Triglyceride, Glycerin, Hydrogenated Lecithin, Physalis Angulata Extract, Glycyrrhethinic Acid, Bisabolol, Caprylyl Glycol, Ribes Nigrum Seed Oil, Ammonium Acryloyldimethylaurate/vp Copolymer, Glyceryl Caprylate, Ethylhexyl/glycerin, Phenoxyethanol, Carnosine, Tocopherol.

DESCRIPTION: This liposomal emulsion is naturally rich of Lecithin and it is created on the concept of "less is more". In this way, short and long term, there is a higher concentration of ingredients and a lower toxicological risk. It is an anti-redness and soothing cream without pharmacological active. It is useful to reduce the stinging sensation, tension and discomfort due to post-surgery. It contains black currant oil, rich in omega 3 and omega 6, which helps to decrease stages of irritation, peeling, erythema and pruritus. Carnosine is an amino acid with strong anti-oxidant, lenitive and skin repairing properties. Apply as soon as the patient feels itchy in the receiver zone. Use it every time the patients needs.

POST SURGERY OIL

Donor area

INGREDIENTS: Tocopheryl Acetate, Prunus Amygdalus Dulcis Oil, Ribes Nigrum Seed Oil, Helianthus Annuus Seed Oil, Calendula Officinalis Flower Extract, Ascorbyl Tetraisopalmitate, Physalis Angulata Extract, Bisabolol, Glycyrrhethinic Acid, Retinol, Argania Spinosa Kernel Oil, Caprylic/capric Triglyceride, Tocopherol, Bht.

DESCRIPTION: This product is a pure post-surgery oil unique in its kind. Thanks to the particular active ingredients, the scabs are softened and removed physiologically and the tissue is stimulated to a proper healing. Post-surgery oil reduces the itching sensation that physiologically occurs in the healing process. Thanks to the presence of vitamin A, the dermis is faster stimulates to the production of new epidermal lines, for having higher elasticity. The Retinol favors the formation of healthy tissue, that is necessary for the engraftment of the implanted bulb. The Bisabolol plays an antioxidant and protective action, helping to reduce the intensity of redness and discomfort.

IBUPROFEN 600mg

(Only in case of pain)

Information leaflet

OMEPRAZOLE 20mg /

DICLOFENAC 100mg
(FUE)

Information leaflet

ANTIBIOTICUM

AZITHROMYCINE
250 / 500mg

Information leaflet

DAILY ACTIVITIES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16-30	3 months	6 months	1 year
Keeping the head still	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT														
No office work	VERY IMPORTANT																		
No heavy physical efforts	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT														
Being careful whilst sneezing, blowing one's nose	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT												
No travelling (due to postoperative swelling)	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT															
No driving (due to postoperative swelling)	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT															
No swimming (chlorinated pool) + swimmers cap	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT			
Avoid seawater (salted water)	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT												
No sexual activities	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE												
No sports FUE	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT												
No sports FUT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT				
No head covering	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT				
Bandana allowed (bandana provided by the clinic)		QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT														
Swelling			QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT												
No direct sun exposure during first 14 days, afterwards protect area with sunblock SPF 30+	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT
No sauna	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT	QUITE IMPORTANT				
No solarium	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT
No hairdresser	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE				
No hairpiece	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE				
Avoid dusty areas	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT				

VERY IMPORTANT

QUITE IMPORTANT

ADVISABLE



	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16-30	3 months	6 months	1 year
POSTOPERATIVE HAIR WASHING																			
Use of Mousse Shampoo			VERY IMPORTANT		VERY IMPORTANT		VERY IMPORTANT		VERY IMPORTANT		VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT					
Use of Hair Spray Treatment		VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT													
No use of blow dryer	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE												
Use of blow dryer with cold air/lowest position								ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE					
Use of blow dryer with warm air/highest position																ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE
Formation of crusts	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE												

STIMULATION OF HEALING PROCESS

Use of Post-Surgery Serum					VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT						
Use of Post-Surgery Oil					VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT						
Use of Ibuprofen 600mg (when necessary)	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE													
Use of Tramadol 50mg (when necessary)	ADVISABLE																		
Use of Diclofenac 50mg (only when necessary)		ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE									
Use of vitamins (in case of hyperaesthesia)	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE
Use of Minoxidil 5%																ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE
Use of Finasteride	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE
Use of hair fibres (Fullmore, Toppik, etc.)																ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE
Use of Azithromycine 250mg/500mg	ADVISABLE	ADVISABLE	ADVISABLE																

REMOVAL OF SUTURE AND STAPLES

Removal of suture and staples														VERY IMPORTANT					
-------------------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	----------------	--	--	--	--	--

VERY IMPORTANT

QUITE IMPORTANT

ADVISABLE



	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16-30	3 months	6 months	1 year	
HAIR EVOLUTION																				
Falling out of FU							ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE				
Growth of transplanted hair	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	
New hair growth visible depending on slow/quick																	VERY IMPORTANT	VERY IMPORTANT		
Duration postoperative shock loss																	ADVISABLE			
End result noticeable from																			VERY IMPORTANT	
SLEEPING POSITION																				
Use of protective sheet	ADVISABLE																			
Sleeping with neck pillow	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE														
Adapted sleeping position	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE	ADVISABLE														
No sleeping pills	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT	VERY IMPORTANT														

VERY IMPORTANT

QUITE IMPORTANT

ADVISABLE

